

# George Foreman

Great Tasting Healthier Food In Minutes

## Grilled strawberry maple shortcake



ideal for  
vegetarians



quick &  
easy snacks



serves 4  
people



6  
MINS  
cooking  
time



great for  
kids

### You will need:

- 1 low fat shortcake cut into 8 slices
- ¼ cup maple syrup
- 2 cups fresh strawberries cleaned & sliced
- 1 cup non fat whipped cream topping

### To make:

Preheat the grill, place the shortcake slices on the grill, brush with maple syrup & grill for 3 - 5 minutes, until the cake is toasted & completely warm.

Put the slices on individual plates, top with strawberries & cover with whipped topping.

*"the proof of the pudding  
is in the eating!"*