

# George Foreman

Great Tasting Healthier Food In Minutes

## Healthy pizza pitta pockets



quick &  
easy snacks



serves 2  
people



6  
MINS  
cooking  
time



great for  
kids

*"a great healthier  
alternative to pizza"*

### You will need:

- 2 small wholemeal pitta breads
- ¼ small onion thinly sliced
- 2 tomatoes thinly sliced
- 2 mushrooms thinly sliced
- 1 tbsps sweetcorn
- small piece green pepper diced
- 1 tbsp tomato puree
- 1 tsp olive oil
- 1 tsp mixed dried herbs
- 2 slices lean ham or sliced turkey cut into strips
- 50g reduced fat mozzarella

### To make:

Slit open one side of the pitta breads and spread the tomato puree over the pitta breads. In a bowl combine the thinly sliced onions, tomatoes, peppers, mushrooms, sweetcorn, ham or turkey, cheese & herbs together with the olive oil and mix well.

Divide the mixture between the two pitta pockets and place on a hot grill. Grill for 3–5 minutes until fully heated through and the cheese has melted