

# George Foreman

Great Tasting Healthier Food In Minutes

## Quick & easy grilled bananas



ideal for  
vegetarians



quick &  
easy snacks



serves 2  
people



6  
MINS

cooking  
time



great for  
kids

*"stay sweet,  
stay healthy!"*

### You will need:

- 2 ripe bananas, peeled
- 2 tbsp sugar
- 1/2 tsp cinnamon
- 2 tbsp walnuts finely minced.

### To make:

Cut the bananas in half widthwise & in half lengthwise. Combine the sugar, cinnamon & walnuts in a small bowl.

Place the bananas on a pre heated grill horizontally & spoon the cinnamon-walnuts over each slice. Grill for 3-4 minutes, or until the bananas are warm & the cinnamon & walnuts are slightly glazed